

upclose & tasty

Roasted Asparagus *Inspired by Jamie Oliver*

Ingredients

1 bunch of green asparagus
1 tablespoon of olive oil
1/2 lemon, to taste
Salt & pepper, to taste
Grated Parmigiano-Reggiano, to taste

Preparation

- 1. Preheat oven to 425.*
- 2. Wash asparagus and break off the ends.*
- Note:** Asparagus lets you know where to break it.*
- 4. Drizzle the baking sheet with olive oil.*
- 5. Place asparagus on the baking sheet without any seasoning*
- Note:** Roasting asparagus without seasoning actually brings out a really nice nutty flavor.*
- 6. Roast asparagus for about 10-15 minutes, using a fork to test the crispness.*
- 7. Remove asparagus from oven and drizzle with olive oil.*
- 8. Season with salt, pepper, lemon and grated Parmigiano taste.*

Enjoy!